



# AMPUTEE REHABILITATION PROGRAM

The Whittier Prosthetic Clinic provides a multi-disciplinary approach to the care of individuals with amputations. The focus is on the progress of the patient, as well as adjustments and challenges in daily living as a result of amputation or loss of a limb.

## PROGRAM OBJECTIVES

The team, which includes the patient, will:

1. To facilitate and support the individual through the adjustment of his or her loss, discomfort and disability.
2. To assist in returning the patient to an independent level of function following amputation.
3. To improve comfort in the patient's self-image and functional level.
4. To motivate and increase the patient's desire to participate in the Amputee Rehabilitation Program.

## PROGRAM COMPONENTS

### The three phases that make up the components of prosthetic clinic are:

1. Pre-prosthesis: 1<sup>st</sup> stage in forming and shaping the stump.
2. Temporary Prosthesis: assessment done with patient to see what type of prosthesis, knee and/or ankle/foot joint best suits the patient's needs physically and emotionally.
3. Permanent Dress Prosthesis.

### Other areas addressed are:

- Skin and Wound Management: assessment of both residual limb and remaining foot and leg.
- Patient and family support and education
- Progressive exercise program
- Community re-entry, Vocational and Avocational programs if appropriate
- Outpatient Therapies if needed
- Follow-up plan upon discharge
- Pain Control due to phantom limb sensation

## PRE-ADMISSION PROCESS

- Age 16 or older
- Referrals may come from the individual's primary care physician.
- Nursing home residents need referral from house physician.
- Referrals from the community will be evaluated by our staff physiatrist.

REFERRALS PLEASE CALL (800) 442-1717