



25 Railroad Square
Haverhill, MA 01832

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PERMIT NO. 2

how to make **A PATIENT** **REFERRAL**



Whittier Rehabilitation Hospital.
Your choice for excellence in
healthcare for 22 years.



(800) 442-1717 • whittierhealth.com

ADMISSION GUIDELINES

1 Physicians/office staff and VNAs must specify that they are looking for an **in-patient** admission from the **doctor's office** or from **home** when they call our central admission line at (800) 442-1717.

2 Patient demographics, inclusive of insurance carrier and policy number(s), along with pertinent clinical information outlined below will need to be faxed to **(978) 556-5916**:

- PMH

- Current problem

A thorough diagnostic work up must be completed and the results available for the Whittier Rehabilitation Hospital liaison and MD to review in order to consider the patient for admission.

- Current functional status compared to baseline

A functional assessment by a PT or OT within 24 hours of the potential in-patient admission is recommended, but not required for patients with Medicare. Managed Care insurances, however, will require current PT and/or OT assessments/documentation in order to authorize an in-patient admission. Whittier Rehabilitation Hospital's Outpatient Department can provide both PT and/or OT evaluations in these situations, requiring only a MD referral. Appointments can be scheduled as soon as the following business day depending upon the urgency of the admission.

- Allergies
- Current medications
- H&P and Discharge Summary if patient has had recent hospitalization
- Patient height, weight and hand dominance
- Social history and current living situation

3 In the event diagnostic testing is indicated but has **not** been performed, we will recommend an ER referral where, once testing is complete, we will review the results and then consider the patient for admission.

EXAMPLES OF APPROPRIATE PATIENTS

1 Patients with an acute event or exacerbation of a condition causing them to perform below their functional baseline:

- Neuro Process (MS, Parkinson's, recent CVA, etc...)
- Poly-Articular Arthritis
- COPD
- Compression Fracture
- Acute Pain Management that is limiting functional mobility

2 Patients who, upon recent discharge from an acute hospital setting, refused inpatient rehabilitation and went home but can not manage functionally.

****Please include your contact name and phone number with the faxed information in the event we have questions**** (800) 442-1717 • whittierhealth.com